

Preventive Services

The following is a list of preventive services that University of Michigan Health Plan (UM Health Plan) has determined meet, and in some cases exceed, the requirements and recommendations issued by the Affordable Care Act (ACA).

Adults

- Abdominal aortic aneurysm (AAA) screening
- Alcohol/substance misuse screening and behavioral counseling
- Annual physical
- Cardiovascular screening (includes blood pressure and labs)
- Colorectal cancer screening
- Depression screening
- Diabetes screening
- Infectious and sexually transmitted disease screenings:
 - Chlamydia
 - Gonorrhea
 - Hepatitis B
 - Hepatitis C
 - HIV/AIDS
 - Human papillomavirus (HPV)
 - Syphilis
- Lung cancer screening
- Nutritional counseling
- Obesity screening and counseling
- Prostate cancer screening
- Skin cancer behavioral counseling
- Tobacco use counseling

Children (newborn to age 18)

- Developmental screening
- Hearing screening
- Hypothyroidism screening
- Lead screening
- Newborn metabolic screening
- Obesity screening and counseling
- Oral health
- PKU screening
- Sickle cell screening
- Vision screening

Women's Health & Pregnancy

- Asymptomatic bacteriuria in pregnant women, screening
- Bone health
- Breast cancer screening
 - BRCA genetic counseling
 - BRCA genetic mutation testing
 - Mammography
 - Risk reduction of primary breast cancer
- Domestic violence screening/counseling
- Gynecological exam: cervical cancer screening
- Osteoporosis screening: bone density study
- Pregnancy
 - Anemia screening
 - Breastfeeding counseling
 - Breast pump
 - Labs for pre- and post-natal care and delivery
 - Pre- and post-natal visits
- Female sterilization procedures

This is not a complete list of services that may be covered by your plan. For additional information, please refer to your plan documents and [HealthCare.gov/Coverage/Preventive-Care-Benefits](https://www.healthcare.gov/coverage/preventive-care-benefits).

UofMHealthPlan.org

**Questions? Call UM Health Plan
Customer Service at 517-364-8500.**

Updated Sept. 2024